

# **Change through People**

**Training programme  
Spring to Autumn 2009**

**Managing teams  
Training & presentation  
People skills  
Drugs & alcohol**

# Training to inspire and motivate

## Managing teams

### Management & leadership

**Two day course** – 2 & 3 June  
**Trainer** – Rob Sheffield

### Project management

**Three day course** –  
13, 14 October & 4 November  
**Trainer** – Susan Moores

### Supervision skills

**Two day course** – 19 & 20 October  
**Trainer** – Susan Moores

## Training & presentation

### Presentation skills

**One day course** – 16 June  
**Trainer** – Jonathan Coles

### Training for trainers

**Two day course** – 3 & 4 November  
**Trainers** – Jo Bush and Jools Hesketh

## Visit our website

[www.trainingexchange.org.uk](http://www.trainingexchange.org.uk)

Find out more about us, our trainers, our courses

## People skills

### Effective communication - using assertiveness techniques

**One day course** – 9 June  
**Trainer** – Susan Lawrence

### Motivational interviewing

**Two day course** –  
10 & 11 June or 8 & 9 October  
**Trainer** – Phil Harris  
**DANOS units** – A11, A12

### Brief solution focused therapy

**Two day course** –  
30 June & 1 July or 12 & 13 November  
**Trainer** – Phil Harris  
**DANOS units** – A11, A12

### Difficult & aggressive behaviour

**One day course** – 5 October  
**Trainer** – Sue Eusden  
**DANOS unit** – AB3

### Lone working

**One day course** – 22 October  
**Trainer** – Clare Lucas

### Groupwork skills

**Two day course** – 3 & 4 December  
**Trainer** – Elizabeth Mason

# Courses in Bristol – April to December 2009

## Drugs & alcohol

### Alcohol & poly drug use

**One day course** – 29 April  
**Trainer** – Rowan Miller  
**DANOS units** – AA1, AB2, AB5

### Abuse, addiction & disclosure

**Two day course** – 7 & 8 May  
**Trainer** – Pat Johnson & Mike Peirce  
**NOS unit** – HSC431

### Dual diagnosis

**Two day course** –  
18 & 19 May or 24 & 25 November  
**Trainer** – Phil Harris  
**DANOS units** – AB2, AG1

### Assessment skills

**One day course** –  
13 May or 30 September  
**Trainer** – Rowan Miller  
**DANOS units** – AA1, AB5, AF1, AF2

### Working with concerned others - a behavioural approach

**Three day course** – 23, 24, & 25 June  
**Trainer** – Phil Harris  
**NOS unit** – HSC432

### Addiction, dependency & change

**One day course** – 22 September  
**Trainer** – Phil Harris  
**DANOS units** – AA1, AB2, AB5

### Brief interventions with alcohol users

**One day course** – 11 November  
**Trainer** – Rowan Miller  
**DANOS unit** – AH10

### Steroids & other body building drugs

**One day course** – 19 November  
**Trainers** – Tom Blackman and Justin Hoggans  
**DANOS units** – AA1, AB2, AH3

### Relapse prevention

**Two day course** – 17 & 18 November  
**Trainer** – Phil Harris  
**DANOS units** – AB2, A11, A12

### Women & drugs

**One day course** – 26 November  
**Trainer** – Rowan Miller  
**DANOS units** – AA1, AB2

## DANOS and other National Occupational Standards

Course learning is mapped to the NOS units listed below the course titles  
See our website for more details

## In-house courses

All the courses above, and many more, can be adapted and delivered for your organisation or in your area. We work across the UK to develop and deliver bespoke training, tailored to organisational needs.

# How to book courses

Book online at [www.trainingexchange.org.uk](http://www.trainingexchange.org.uk)  
or request a booking form by  
email [admin@trainingexchange.org.uk](mailto:admin@trainingexchange.org.uk)  
or phone **0117 9415859**

## Costs

*includes refreshments, home cooked lunch  
and training packs.*

**1 day courses £125** (+VAT)

**2 day courses £210** (+VAT) \*

**3 day courses £295** (+VAT)

\* **Management and leadership** course - **£250** (+VAT)

**Courses run with a maximum of 18 people**

## Venues and times

Courses take place at accessible venues in Bristol.  
All courses start at 9.30am and end by 4.30pm.

## The Training Exchange

**An independent company with a 12 year track record of  
providing consistently high quality training, learning  
and professional development opportunities.**

**[www.trainingexchange.org.uk](http://www.trainingexchange.org.uk)**